

Over the Air Ch. 67.1 • Verizon FiOS Ch. 5 (HD 505) • Dish Network Ch. 5 • Direct V Ch. 67 (where available)

Over the Air Ch. 67.1 • Verizon FiOS Ch. 5 (HD 505) • Dish Network Ch. 5 • DirecTV Ch. 67 (where available) Spectrum: Ch. 5 Buffalo-Niagara | Ch. 5 Olean-Ellicottville | Ch. 71 Batavia | Ch. 5 Dunkirk-Westfield Ch. 72 Jamestown | HD Ch. 1230 (where available)

EASTERN

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
METV	7/25/2022	7/26/2022	7/27/2022	7/28/2022	7/29/2022	7/30/2022	7/31/2022
06:00A	Innovations in Health	The Beverly Hillbillies 6913 (CC)	Buck Rogers in the 25th				
06:30A	Innovations in Health	The Beverly Hillbillies 6914 (CC)	Century 53418 (CC)				
07:00A	innovations in Health	Popeye and Pink Panther's Party 071, 025, 047, 312, 060, 130, 069 {CC}	Saved by the Bell (E/I) AFL01 (CC) <e l-13-16=""></e>				
07:30A	Toon In With Me 2128 (CC)	Toon In With Me 2129 (CC)	Toon In With Me 1140 (CC)	Toon In With Me 2130 (CC)	Toon In With Me 2131 (CC)		Saved by the Bell (E/I) AFL02 (CC) <e i-13-16=""></e>
08:00A	Berkun Law	Leave It to Beaver 13231 (CC)	MusicalFare Theatre Presents	Innovations in Health	Leave It to Beaver 13233 (CC)	The Tom and Jerry Show 151, 041, 052, 093, 046, 149	Saved by the Bell (E/I) AFM16 (CC) <e i-13-16=""></e>
08:30A	Innovations in Health	MusicalFare Theatre Presents	Innovations in Health	MusicalFare Theatre Presents	Innovations in Health	{CC}	Saved by the Bell (E/I) AFM04 (CC) <e i-13-16=""></e>
09:00A	Perry Mason 29 (CC)	Perry Mason 30 (CC)	Perry Mason 31 (CC)	Perry Mason 32 (CC)	Perry Mason 33 (CC)	Bugs Bunny and Friends 238, 359, 265, 069, 083, 034, 196	Saved by the Bell (E/I) AFM05 (CC) <e i-13-16=""></e>
09:30A	,	, ()	,	, (,	,	{CC}	Saved by the Bell (E/I) AFM03 (CC) <e i-13-16=""></e>
10:00A	Matlock 8805 (CC)	M-HI- 0000 (OO)	M-HI- 0007 (OO)	M-HI-00004 (OO)	Matlack 88003 (CC)	Big Picture w/ Penny Wolfgang	WNY Church Unleashed
10:30A	Matlock 8805 (CC)	Matlock 8806 (CC)	Matlock 8807 (CC)	Matlock 88081 (CC)	Matlock 88092 (CC)	The Karyn Reece Show	Big Picture w/ Penny Wolfgang
11:00A	In the Heat of the Night 9805	In the Heat of the Night 9818	In the Heat of the Night 9821	In the Heat of the Night 9816	In the Heat of the Night 9823	Good Deeds Buffalo	Passionate Living
11:30A	(CC)	{CC}	(CC)	(CC)	(CC)		
12:00P						Queen City Financial Your Hometown Health	Polka Buzz
12:30P	The Waltons 922 (CC)	The Waltons 101 (CC)	The Waltons 102 (CC)	The Waltons 103 (CC)	The Waltons 104 (CC)	Connection The Polish Table with	
						Agnieszka and Friends	
01:00P	Gunsmoke 0083 (CC)	Gunsmoke 0101 (CC)	Gunsmoke 0102 (CC)	Gunsmoke 0103 (CC)	Gunsmoke 0104 (CC)	Gunsmoke 0100 (CC)	
01:30P						` '	
02:00P	Bonanza 905 (CC)	Bonanza 907 (CC)	Bonanza 908 (CC)	Bonanza 909 (CC)	Bonanza 910 (CC)	Bonanza 911 (CC)	The Summer of Me Sunday Block Party
02:30P	Bonanza 300 (OO)	Bonanza sor (GG)	Donanza 300 (00)	Donanza 303 (00)	Bonanza 310 (GG)		
03:00P	The Rifleman 037 (CC)	The Rifleman 039 (CC)	The Rifleman 041 (CC)	The Rifleman 043 (CC)	The Rifleman 045 (CC)	Rawhide 024 (CC)	
03:30P	The Rifleman 038 (CC)	The Rifleman 040 (CC)	The Rifleman 042 (CC)	The Rifleman 044 (CC)	The Rifleman 046 (CC)		
04:00P							
04:30P	Wagon Train 15410 (CC)	Wagon Train 15407 (CC)	Wagon Train 15417 (CC)	Wagon Train 15415 (CC)	Wagon Train 15424 (CC)		
05:00P	Adam-12 37507 {CC}	Adam-12 37513 (CC)	Adam-12 37504 (CC)	Adam-12 37501 (CC)	Adam-12 37523 (CC)	Beat the Champ	Full House 423{CC}
						Innovations in Health	
05:30P	Adam-12 37505 (CC)	Adam-12 37515 (CC)	Adam-12 37517 (CC)	Adam-12 37518 (CC)	Adam-12 37520 (CC)	Robert Berkun	Full House 424 (CC)
06:00P	The A-Team 1316 (CC)	The A-Team 1317 (CC)	The A-Team 1318 (CC)	The A-Team 1319 (CC)	The A-Team 1320 (CC)	The Three Stooges 077, 058, 132, 040, 091, 160 {CC}	Robert Berkun
06:30P		` '	` '	` ′	` '		Collector's Call 311 (CC)
07:00P	M*A*S*H B315 {CC}	M*A*S*H B321 {CC}	M*A*S*H B305 (CC)	M*A*S*H B324 (CC)	M*A*S*H G506 (CC)		Polka Buzz
07:30P	M*A*S*H B322 (CC)	M*A*S*H B313 (CC)	M*A*S*H B319 (CC)	M*A*S*H G504 (CC)	M*A*S*H G501 {CC}		The Polish Table with Agnieszka and Friends
08:00P	Big Picture: Prime	Passionate Living	Your Hometown Health	Passionate Living	Big Picture w/ Penny Wolfgang	Constant Olerain Harris	
08:30P	The Andy Griffith Show 149 (CC)	The Andy Griffith Show 151 (CC)	The Andy Griffith Show 153 (CC)	The Andy Griffith Show 155 (CC)	The Andy Griffith Show 157 (CC)	(1975) - Horror TV-PG {CC}	Perry Mason: The Case of the Poisoned Pen Raymond Burr, Barbara Hale (1990) - Crime, Drama TV-PG {CC}
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				Gomer Pyle, U.S.M.C. 112 (CC)			
09:30P	Green Acres 146 (CC)	Green Acres 147 (CC)	Green Acres 145 (CC)	Green Acres 149 (CC)	Green Acres 150 (CC)		
10:00P	Hogan's Heroes 6628 (CC)	Hogan's Heroes 6630 (CC)	Hogan's Heroes 6702 (CC)	Hogan's Heroes 6704 (CC)	Hogan's Heroes 6706 (CC)	Batman TA8731 (CC)	Ed Sullivan's Rock 'n' Roll Classics 113 (CC)
10:30P	Hogan's Heroes 6629 (CC)	Hogan's Heroes 6701 (CC)	Hogan's Heroes 6703 (CC)	Hogan's Heroes 6705 (CC)	Hogan's Heroes 6707 (CC)	Batman TA8732 (CC)	Carol Burnett and Friends T823 (CC)
11:00P	Carol Burnett and Friends T817 (CC)	Carol Burnett and Friends T818 (CC)	Carol Burnett and Friends T819 (CC)	Carol Burnett and Friends T821 (CC)	Carol Burnett and Friends T822 (CC)	Star Trok 022 (CC)	The Dick Van Dyke Show 7 (CC)
11:30P						Star Trek 023 (CC)	The Dick Van Dyke Show 2 (CC)
12:00A	Perry Mason 205 (CC)	Perry Mason 207 (CC)	Perry Mason 206 (CC)	Perry Mason 208 (CC)	Perry Mason 209 (CC)	Off Beat Cinema	The Honeymooners 18 (CC)
						Nightmare Alley	
12:35A	The Twilight Zone 96 (CC)	The Twilight Zone 93 (CC)	The Twilight Zone 98 (CC)	The Twilight Zone 100 (CC)	The Twilight Zone 101 (CC)	B & W, 1947	The Twilight Zone 102 (CC)
01:05A	Alfred Hitchcock Presents 1556A (CC)	Alfred Hitchcock Presents 1521A (CC)	Alfred Hitchcock Presents 1532A (CC)	Alfred Hitchcock Presents 1565A (CC)	Alfred Hitchcock Presents 1539A (CC)		The Alfred Hitchcock Hour
01:30A	Alfred Hitchcock Presents 1554A (CC)	Alfred Hitchcock Presents 1546A (CC)	Alfred Hitchcock Presents 1552A (CC)	Alfred Hitchcock Presents 1553A (CC)	Alfred Hitchcock Presents 1558A (CC)		16824 (CC)
02:05A	Manniy (04 (00)	Manniy Con (CO)	Manniy Coo (CO)	Manniy 004 (00)	Manniy COE (OO)	Voyage to the Bottom of the Sea TA7206 (CC)	The Fugitive 117 (CC)
02:30A	Mannix 094 (CC)	Mannix 093 (CC)	Mannix 092 (CC)	Mannix 084 (CC)	Mannix 095 (CC)		
03:05A	Cannon 7111 (CC)	Cannon 7112 (CC)	Cannon 7113 (CC)	Cannon 7114 (CC)	Cannon 7115 (CC)	Land of the Giants 4711 (CC)	Mission: Impossible 134 (CC)
03:30A							
04:05A	Barnaby Jones 7004 (CC)	Barnaby Jones 7012 (CC)	Barnaby Jones 7011 (CC)	Barnaby Jones 7013 (CC)	Barnaby Jones 7017 (CC)	The Time Tunnel TA9606 {CC}	Peter Gunn 212 (CC)
04:30A	Darriaby Jones 7004 (CC)	Darriaby Jones 7012 (CC)	Damaby Jones 7011 (CC)	Darriaby Jones 7013 (CC)	Damaby Jones 7017 (CC)		Peter Gunn 213 (CC)
05:00A	Highway Patrol 1150 (CC)	Highway Patrol 1151 (CC)	Highway Patrol 1152 (CC)	Highway Patrol 1153 (CC)	Petticoat Junction 6814 (CC)	The Invaders 574 (CC)	
03.00A	riigiiway rautii 1150 (CC)	riigiiway radul 1131 (CC)	riigiiway radul 1132 (CC)	riigiiway radul 1133 (CC)	- Culcoat Junction to 14 (CC)		Innovations in Health
05:30A	Dragnet 29433 (CC)	Dragnet 29435 (CC)	Dragnet 29434 (CC)	Dragnet 30205 (CC)	Petticoat Junction 6815 (CC)		Dragnet 30203 (CC)
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Legend: E/I = Educational/Instructional Yellow = Changes Subject To Change