

Over the Air Ch. 67.1 • Verizon FiOS Ch. 5 (HD 505) • Dish Network Ch. 5 • DirecTV Ch. 67 (where available) Spectrum: Ch. 5 Buffalo-Niagara | Ch. 5 Olean-Ellicottville | Ch. 71 Batavia | Ch. 5 Dunkirk-Westfield Ch. 72 Jamestown | HD Ch. 1230 (where available)

| | | | | OWIT FID CIT. 1230 (WI | | | |
|--------|---------------------------------------|---------------------------------------|--------------------------------------|---|---------------------------------------|---|---|
| METV | Monday 8/15/2022 | Tuesday | 8/17/2022 | 8/18/2022 | Friday 8/19/2022 | Saturday 8/20/2022 | Sunday 8/21/2022 |
| | | 8/16/2022 | | | | | |
| 06:00A | Innovations in Health | Innovations in Health | Innovations in Health | Innovations in Health | Innovations in Health | The Beverly Hillbillies 6922 (CC) | Buck Rogers in the 25th Century 53422 (CC) |
| 06:30A | Innovations in Health | Innovations in Health | Innovations in Health | Innovations in Health | Innovations in Health | The Beverly Hillbillies 6925 (CC) | |
| 07:00A | Toon In With Me 2140 (CC) | Toon In With Me 1128 (CC) | Toon In With Me 2141 (CC) | Toon In With Me 1129 (CC) | Toon In With Me 2142 (CC) | Popeye and Pink Panther's Party 097, 057, 020, 074, 063, 1010, 056 (CC) | Saved by the Bell (E/I) AFL09 (CC) <e i-13-16=""></e> |
| 07:30A | ` ' | | | | | | Saved by the Bell (E/I) AFL11 (CC) <e i-13-16=""></e> |
| 08:00A | Berkun Law | Leave It to Beaver 13261 (CC) | What's the Buzz in WNY | Innovations in Health | Leave It to Beaver 13268 (CC) | The Tom and Jerry Show 107, 036, 016, 208, 007, 057, 164 {CC} | Saved by the Bell (E/I) AFM09 (CC) <e i-13-16=""></e> |
| 08:30A | Fair Day LIVE! | Fair Day LIVE! | Fair Day LIVE! | Fair Day LIVE! | Fair Day LIVE! | | Saved by the Bell (E/I) AFM10 (CC) <e i-13-16=""></e> |
| 09:00A | Perry Mason 44 (CC) | Perry Mason 45 (CC) | Perry Mason 46 (CC) | Perry Mason 47 (CC) | Perry Mason 48 (CC) | Bugs Bunny and Friends 075, 535, 344, 162, 712, 741, 113 {CC} | Saved by the Bell (E/I) AFM15 (CC) <e i-13-16=""></e> |
| 09:30A | | | | | | | Saved by the Bell (E/I) AFM11 (CC) <e i-13-16=""></e> |
| 10:00A | | | | | | Fair Day LIVE! | WNY Church Unleashed |
| 10:30A | Matlock 8820 (CC) | Matlock 89031 (CC) | Matlock 89032 (CC) | Matlock 8904 (CC) | Matlock 8902 (CC) | | |
| 11:004 | In the blook of the Allect Co.co | - H | | | | The Karyn Reece Show | Fair Day LIVE! |
| 11:30A | In the Heat of the Night 3810 {CC} | In the Heat of the Night 3803 {CC} | In the Heat of the Night 3815 {CC} | In the Heat of the Night 3809 {CC} | In the Heat of the Night 3817 {CC} | Good Deeds Buffalo | Passionate Living |
| | : * | ` ' | | ` , | | Queen City Financial Your Hometown Health | Polka Buzz |
| 12:00P | The Waltons 115 (CC) | The Waltons 116 (CC) | The Waltons 117 (CC) | The Waltons 118 (CC) | The Waltons 119 (CC) | Connection What's the Buzz in WNY | |
| 12:30P | | | | | | | |
| 01:00P | Gunsmoke 6407 (CC) | Gunsmoke 6410 (CC) | Gunsmoke 6411 (CC) | Gunsmoke 6412 (CC) | Gunsmoke 6413 (CC) | Gunsmoke 6415 (CC) | |
| 01:30P | | | | | | ` ' | The Summer of Me Sunday Block Party |
| 02:00P | Bonanza 922 (CC) | Bonanza 921 (CC) | Bonanza 920 (CC) | Bonanza 924 (CC) | Bonanza 925 (CC) | Bonanza 926 (CC) | |
| 02:30P | Bonanza ozz (oo) | 201101120 021 (00) | 201141124 020 (00) | Bonanza dz r (do) | 201101120 020 (00) | 2010120 020 (00) | |
| 03:00P | The Rifleman 073 (CC) | The Rifleman 075 (CC) | The Rifleman 077 (CC) | The Rifleman 079 (CC) | The Rifleman 081 (CC) | | |
| 03:30P | The Rifleman 074 (CC) | The Rifleman 076 (CC) | The Rifleman 078 (CC) | The Rifleman 080 (CC) | The Rifleman 082 (CC) | Rawhide 026 (CC) | |
| 04:00P | | | | | | | |
| 04:30P | Wagon Train 15429 (CC) | Wagon Train 15408 (CC) | Wagon Train 15438 (CC) | Wagon Train 15436 (CC) | Wagon Train 15435 (CC) | Doot the Champ | |
| 05:00P | Adam-12 40109 (CC) | Adam-12 40102 {CC} | Adam-12 40119 (CC) | Adam-12 40126 (CC) | Adam-12 40101 (CC) | Beat the Champ | Full House 503 (CC) |
| 05:30P | Adam-12 40122 {CC} | Adam-12 40120 (CC) | Adam-12 40117 (CC) | Adam-12 40123 (CC) | Adam-12 40113 (CC) | Innovations in Health | Full House 504 (CC) |
| | Additi-12 40122 (00) | Addit-12 40120 (00) | Additi-12 40117 (OO) | Addin-12 40 120 (00) | Addin-12 40110 (00) | Robert Berkun | |
| 06:00P | The A-Team 1403 (CC) | The A-Team 1412 (CC) | The A-Team 1414 (CC) | The A-Team 1408 (CC) | The A-Team 1418 (CC) | The Three Stooges 033, 018, 177, 036, 143, 123 {CC} | Robert Berkun |
| 06:30P | | | | | | | Collector's Call 312 {CC} Polka Buzz |
| 07:00P | M*A*S*H U809 {CC} | M*A*S*H U810 (CC) | M*A*S*H U814 (CC) | M*A*S*H U811 {CC} | M*A*S*H U804 (CC) | | |
| 07:30P | M*A*S*H U808 (CC) | M*A*S*H U812 (CC) | M*A*S*H U813 (CC) | M*A*S*H U815 (CC) | M*A*S*H U818 (CC) | | The Polish Table with Agnieszka and Friends |
| 08:00P | Big Picture: Prime | Passionate Living | Your Hometown Health Connection | Passionate Living | What's the Buzz in WNY | Svengoolie Classic Horror & Sci-Fi Movie | Perry Mason: The TV Movies Perry Mason: The Case of the Defiant Daughter Raymond Burr, Barbara Hale (1990) - Crime, Drama TV-PG {CC} |
| 08:30P | The Andy Griffith Show 23 (CC) | The Andy Griffith Show 25 (CC) | | The Andy Griffith Show 29 (CC) | The Andy Griffith Show 31 (CC) | The Land Unknown | |
| 09:00P | Gomer Pyle, U.S.M.C. 123 (CC) | Gomer Pyle, U.S.M.C. 124 (CC) | Gomer Pyle, U.S.M.C. 128 (CC) | Gomer Pyle, U.S.M.C. 126 (CC) | Gomer Pyle, U.S.M.C. 125 (CC) | Jock Mahoney, Shirley Patterson (1957) - Science Fiction TV-PG {CC} | |
| 09:30P | Green Acres 160 (CC) | Green Acres 164 (CC) | Green Acres 163 (CC) | Green Acres 166 (CC) | Green Acres 170 (CC) | | |
| 10:00P | Hogan's Heroes 6729 (CC) | Hogan's Heroes 6710 (CC) | Hogan's Heroes 6802 (CC) | Hogan's Heroes 6804 (CC) | Hogan's Heroes 6806 (CC) | Batman TA9719 (CC) | The Best of the Ed Sullivan Show 066 (CC) |
| 10:30P | Hogan's Heroes 6730 (CC) | Hogan's Heroes 6801 (CC) | Hogan's Heroes 6803 (CC) | Hogan's Heroes 6805 (CC) | Hogan's Heroes 6807 (CC) | Batman TA9720 (CC) | Carol Burnett and Friends T915 (CC) |
| | Carol Burnett and Friends T910 (CC) | Carol Burnett and Friends T911 (CC) | | | | Batman 173720 (00) | |
| | Caro, Suriou and Filends 1910 (CC) | Co. o Durinett and Friedlus 1911 (CC) | Curs. Durinett and Friends 1912 (CC) | Carol Burnett and Friends T913 (CC) Perry Mason 6412 (CC) | Perry Mason 6413 {CC} | Star Trek 027 (CC) | The Dick Van Dyke Show 19 (CC) |
| 11:30P | Perry Mason 6409 (CC) | Perry Mason 6410 (CC) | Perry Mason 6411 (CC) | | | Off Beat Cinema | The Dick Van Dyke Show 17 (CC) |
| 12:00A | , | , | , | , | | Jii Dout Gillouid | The Honeymooners 21 (CC) |
| 12:35A | The Twilight Zone 116 (CC) | The Twilight Zone 117 (CC) | The Twilight Zone 119 (CC) | The Twilight Zone 120 (CC) | The Twilight Zone 118 (CC) | Get Christie Love! | The Twilight Zone 121 (CC) |
| 01:05A | Alfred Hitchcock Presents 13627 (CC) | Alfred Hitchcock Presents 13629 (CC) | Alfred Hitchcock Presents 13633 (CC) | Alfred Hitchcock Presents 13632 (CC) | Alfred Hitchcock Presents 13636 (CC) | Color, 1974 | The Alfred Hitchcock Hour |
| | Alfred Hitchcock Presents 13609 (CC) | Alfred Hitchcock Presents 13624 (CC) | Alfred Hitchcock Presents 13637 (CC) | Alfred Hitchcock Presents 13630 (CC) | Alfred Hitchcock Presents 13604 (CC) | | 16821 (CC) |
| 02:05A | | | | | | Voyage to the Bottom of the Sea TA7217 (CC) | The Fugitive 110 (CC) |
| 02:30A | Mannix 098 (CC) | Mannix 109 (CC) | Mannix 107 (CC) | Mannix 108 (CC) | Mannix 105 (CC) | | |
| | | | | | | , | |
| 03:05A | Cannon 7202 (CC) | Cannon 7203 (CC) | Cannon 7204 (CC) | Cannon 7205 (CC) | Cannon 7206 (CC) | Land of the Giants 4713 (CC) | Mission: Impossible 135 (CC) |
| 03:30A | | | | | | | |
| 04:05A | | | | | | The Time Tunnel TA9604 | Peter Gunn 218 (CC) |
| 04:30A | Barnaby Jones 7055 (CC) | Barnaby Jones 7054 (CC) | Barnaby Jones 7057 (CC) | Barnaby Jones 7058 (CC) | Barnaby Jones 7053 (CC) | {CC} | Peter Gunn 219 (CC) |
| | | | | | | | |
| 05:00A | Highway Patrol 109 (CC) | Highway Patrol 110 (CC) | Highway Patrol 111 (CC) | Highway Patrol 112 (CC) | Petticoat Junction 6820 (CC) | The Invaders 500 (CC) | Innovations in Health |
| 05:30A | Dragnet 30243 (CC) | Dragnet 28205 (CC) | Dragnet 28206 (CC) | Dragnet 28202 (CC) | Petticoat Junction 6821 (CC) | | Dragnet 28208 (CC) |
| 23.007 | | | | | | | |
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Legend: E/I = Educational/Instructional Yellow = Changes

Subject To Change