



PROGRAM SCHEDULE

Over the Air Ch. 67.1 • Verizon FiOS Ch. 5 (HD 505) • Dish Network Ch. 5 • DirecTV Ch. 67 (where available)
Spectrum: Ch. 5 Buffalo-Niagara | Ch. 5 Olean-Ellicottville | Ch. 71 Batavia | Ch. 5 Dunkirk-Westfield
Ch. 72 Jamestown | HD Ch. 1230 (where available)

EASTERN

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
METV	3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023	3/18/2023	3/19/2023	METV
06:00A	Dietrich Law Firm	A GR8 New Look w/Dr Sam Shatkin	A GR8 New Look w/Dr Sam Shatkin	Dietrich Law Firm	Dietrich Law Firm	The Beverly Hillbillies 6708 {CC}	Thunderbirds 205 {CC}	06:00A
06:30A	Innovations in Health	Innovations in Health	Innovations in Health	Innovations in Health	Innovations in Health	The Beverly Hillbillies 6709 {CC}		06:30A
07:00A	Toon In With Me 3044 {CC}	Toon In With Me 3045 {CC}	Toon In With Me 2043 {CC}	Toon In With Me 3046 {CC}	Toon In With Me 3047 {CC}	Popeye and Pink Panther's Party 176, 120, 156, 022, 158, 057 {CC}	Saved by the Bell (E/I) AFM13 {CC} <E-I-13-16>	07:00A
07:30A							Saved by the Bell (E/I) AFM09 {CC} <E-I-13-16>	07:30A
08:00A	Berkun Law	Leave It to Beaver 16165 {CC}	Dietrich Law Firm	Innovations in Health	Robert Berkun	The Tom and Jerry Show 091, 066, 033, 128, 150, 080, 020 {CC}	Saved by the Bell (E/I) AFM10 {CC} <E-I-13-16>	08:00A
08:30A	Innovations in Health	Dietrich Law Firm	Innovations in Health	Dietrich Law Firm	Innovations in Health		Saved by the Bell (E/I) AFM15 {CC} <E-I-13-16>	08:30A
09:00A	Perry Mason 193 {CC}	Perry Mason 194 {CC}	Perry Mason 195 {CC}	Perry Mason 196 {CC}	Perry Mason 197 {CC}	Bugs Bunny and Friends 775, 733, 659, 801, 390 {CC}	Saved by the Bell (E/I) AFM11 {CC} <E-I-13-16>	09:00A
09:30A							Saved by the Bell (E/I) AFM18 {CC} <E-I-13-16>	09:30A
10:00A	Matlock 8620 {CC}	Matlock 8621 {CC}	Matlock 8622 {CC}	Matlock 8623 {CC}	Matlock 8702 {CC}	Ideal You	WNY Church Unleashed	10:00A
10:30A						The Karyn Reece Show	Big Picture w/Penny Wolfgang	10:30A
11:00A	In the Heat of the Night 3822 {CC}	In the Heat of the Night 3823 {CC}	In the Heat of the Night 3820 {CC}	In the Heat of the Night 3801 {CC}	In the Heat of the Night 3825 {CC}	Good Deeds Buffalo	Passionate Living	11:00A
11:30A						Robert Berkun	Polka Buzz	11:30A
12:00P	The Waltons 716 {CC}	The Waltons 717 {CC}	The Waltons 718 {CC}	The Waltons 719 {CC}	The Waltons 720 {CC}	Your Hometown Health Connection	Innovations in Health	12:00P
12:30P						Eliminate Neuropathy and Back Pain NOW!	The Brady Bunch 21 {CC}	12:30P
01:00P	Gunsmoke 7014 {CC}	Gunsmoke 7015 {CC}	Gunsmoke 7016 {CC}	Gunsmoke 7017 {CC}	Gunsmoke 7018 {CC}	Gunsmoke 7019 {CC}	Leave It to Beaver 13204 {CC}	01:00P
01:30P							Leave It to Beaver 13208 {CC}	01:30P
02:00P	Bonanza 205 {CC}	Bonanza 204 {CC}	Bonanza 206 {CC}	Bonanza 208 {CC}	Bonanza 519 {CC}	Bonanza 207 {CC}	The Beverly Hillbillies 6710 {CC}	02:00P
02:30P							The Beverly Hillbillies 6711 {CC}	02:30P
03:00P	The Rifleman 096 {CC}	The Rifleman 099 {CC}	The Rifleman 101 {CC}	The Rifleman 103 {CC}	The Rifleman 105 {CC}	Rawhide 055 {CC}	Gilligan's Island 20 {CC}	03:00P
03:30P	The Rifleman 097 {CC}	The Rifleman 100 {CC}	The Rifleman 102 {CC}	The Rifleman 104 {CC}	The Rifleman 106 {CC}		Gilligan's Island 21 {CC}	03:30P
04:00P	Wagon Train 12731 {CC}	Wagon Train 12727 {CC}	Wagon Train 12738 {CC}	Wagon Train 12716 {CC}	Wagon Train 12739 {CC}	Beat the Champ	Mama's Family LOR11 {CC}	04:00P
04:30P							Mama's Family LOR12 {CC}	04:30P
05:00P	Adam-12 34906 {CC}	Adam-12 34926 {CC}	Adam-12 34903 {CC}	Adam-12 34908 {CC}	Adam-12 34923 {CC}	Innovations in Health	The Love Boat 0005 {CC}	05:00P
05:30P	Adam-12 34914 {CC}	Adam-12 34927 {CC}	Adam-12 34919 {CC}	Adam-12 34924 {CC}	Adam-12 34921 {CC}	Robert Berkun		05:30P
06:00P	The A-Team 1208 {CC}	The A-Team 1212 {CC}	The A-Team 1205 {CC}	The A-Team 1214 {CC}	The A-Team 1202 {CC}	The Three Stooges 121, 063, 070, 024, 158, 179 {CC}	Robert Berkun	06:00P
06:30P							The Karyn Reece Show	06:30P
07:00P	M*A*S*H S621 {CC}	M*A*S*H S612 {CC}	M*A*S*H S625 {CC}	M*A*S*H Z403 {CC}	M*A*S*H Z405 {CC}		Polka Buzz	07:00P
07:30P	M*A*S*H S622 {CC}	M*A*S*H S624 {CC}	M*A*S*H Z404 {CC}	M*A*S*H Z401 {CC}	M*A*S*H Z408 {CC}		Sto Lat With Ania (UFN)	07:30P
08:00P	Big Picture Prime	Passionate Living	Home Hometown Health Connection	Passionate Living	Big Picture w/Penny Wolfgang	Svengoolie Classic Horror & Sci-Fi Movie Konga Michael Gough, Margo Johns (1961) - Drama TV-PG {CC}	All in the Family 211 {CC}	08:00P
08:30P	The Andy Griffith Show 63 {CC}	The Andy Griffith Show 67 {CC}	The Andy Griffith Show 65 {CC}	The Andy Griffith Show 68 {CC}	The Andy Griffith Show 72 {CC}		All in the Family 215 {CC}	08:30P
09:00P	The Beverly Hillbillies 0047 {CC}	The Beverly Hillbillies 0048 {CC}	The Beverly Hillbillies 0049 {CC}	The Beverly Hillbillies 0050 {CC}	The Beverly Hillbillies 0051 {CC}		All in the Family 214 {CC}	09:00P
09:30P	Green Acres 139 {CC}	Green Acres 140 {CC}	Green Acres 141 {CC}	Green Acres 143 {CC}	Green Acres 142 {CC}		All in the Family 216 {CC}	09:30P
10:00P	Hogan's Heroes 6618 {CC}	Hogan's Heroes 6620 {CC}	Hogan's Heroes 6622 {CC}	Hogan's Heroes 6623 {CC}	Hogan's Heroes 6626 {CC}	Batman TA1716 {CC}	The Best of the Ed Sullivan Show 080 {CC}	10:00P
10:30P	Hogan's Heroes 6619 {CC}	Hogan's Heroes 6621 {CC}	Hogan's Heroes 6624 {CC}	Hogan's Heroes 6625 {CC}	Hogan's Heroes 6627 {CC}		The Carol Burnett Show 237 {CC}	10:30P
11:00P	The Carol Burnett Show 259 {CC}	The Carol Burnett Show 260 {CC}	The Carol Burnett Show 261 {CC}	The Carol Burnett Show 262 {CC}	The Carol Burnett Show 263 {CC}	Star Trek 061 {CC}	The Dick Van Dyke Show 70 {CC}	11:00P
11:30P	Perry Mason 99 {CC}	Perry Mason 100 {CC}	Perry Mason 101 {CC}	Perry Mason 102 {CC}	Perry Mason 103 {CC}		The Dick Van Dyke Show 71 {CC}	11:30P
12:00A						Off Beat Cinema: "White Zombie" (1932)	The Honeymooners 12 {CC}	12:00A
12:35A	The Twilight Zone 31 {CC}	The Twilight Zone 32 {CC}	The Twilight Zone 33 {CC}	The Twilight Zone 34 {CC}	The Twilight Zone 35 {CC}		The Twilight Zone 36 {CC}	12:30A
01:05A	Alfred Hitchcock Presents 13682 {CC}	Alfred Hitchcock Presents 13654 {CC}	Alfred Hitchcock Presents 13693 {CC}	Alfred Hitchcock Presents 13698 {CC}	Alfred Hitchcock Presents 13692 {CC}		The Alfred Hitchcock Hour 16840 {CC}	01:00A
01:35A	Alfred Hitchcock Presents 13680 {CC}	Alfred Hitchcock Presents 13691 {CC}	Alfred Hitchcock Presents 13694 {CC}	Alfred Hitchcock Presents 13668 {CC}	Alfred Hitchcock Presents 13651 {CC}			01:30A
02:05A	Mannix 054 {CC}	Mannix 062 {CC}	Mannix 066 {CC}	Mannix 065 {CC}	Mannix 063 {CC}	Voyage to the Bottom of the Sea TA8218 {CC}	The Fugitive 150 {CC}	02:00A
02:30A						Land of the Giants 2404 {CC}		02:30A
03:05A	Cannon 7303 {CC}	Cannon 7304 {CC}	Cannon 7305 {CC}	Cannon 7306 {CC}	Cannon 7307 {CC}		Mission: Impossible 147 {CC}	03:00A
03:30A								03:30A
04:05A	Barnaby Jones 9771 {CC}	Barnaby Jones 9772 {CC}	Barnaby Jones 9773 {CC}	Barnaby Jones 9774 {CC}	Barnaby Jones 7003 {CC}	The Time Tunnel TA9609 {CC}	Peter Gunn 102 {CC}	04:00A
04:30A							Peter Gunn 103 {CC}	04:30A
05:00A	Highway Patrol 107 {CC}	Highway Patrol 108 {CC}	Highway Patrol 109 {CC}	Highway Patrol 110 {CC}	Petticoat Junction 28 {CC}	The Invaders 564 {CC}	Innovations in Health	05:00A
05:30A	Dietrich Law Firm	Dietrich Law Firm	Dietrich Law Firm	Dietrich Law Firm	Dietrich Law Firm		Dietrich Law Firm	05:30A

Legend:
E/I = Educational/Instructional
Yellow = Changes

Subject To Change