

Over the Air Ch. 67.1 • Verizon FiOS Ch. 5 (HD 505) • Dish Network Ch. 5 • DirecTV Ch. 67 (where available) Spectrum: Ch. 5 Buffalo-Niagara | Ch. 5 Olean-Ellicottville | Ch. 71 Batavia | Ch. 5 Dunkirk-Westfield Ch. 72 Jamestown | HD Ch. 1230 (where available)

| METV | Monday 7/21/2025 | Tuesday 7/22/2025 | Wednesday 7/23/2025 | Thursday 7/24/2025 | Friday 7/25/2025 | Saturday 7/26/2025 | Sunday 7/27/2025 | METV |
|--------|-------------------------------------|---|---------------------------------------|---------------------------------------|---------------------------------------|--|--|--------|
| 06:00A | Dietrich Law Firm | Innovations in Health | Innovations in Health | Adam-12 34923 {CC} | Dietrich Law Firm | The Beverly Hillbillies 6907 (CC) | | 06:00A |
| 06:30A | Innovations in Health | Adam-12 34919 (CC) | Adam-12 34924 {CC} | Innovations in Health | Innovations in Health | The Beverly Hillbillies 6908 {CC} | The Life and Times of Grizzly Adams 7801 (CC) | 06:30A |
| 07:00A | IIIIOVALIOIIS III I IEAILII | Adam-12 34919 (00) | Adam-12 34924 (OO) | IIIIOVations III I leatin | IIIIOVations III i leatin | Popeye and Pals 108, 156, 061 (CC) | Mutual of Omaha's Wild Kingdom (E/I) 038 (CC) <e i-13-16=""></e> | 07:00A |
| | Toon In With Me 5111 (CC) | Toon In With Me 5112 (CC) | Toon In With Me 5113 (CC) | Toon In With Me 5114 (CC) | Toon In With Me 5115 (CC) | The Tom and Jerry Show 045, 009, 203 (CC) | Mutual of Omaha's Wild Kinodom (E/I) 039 (CC) <e i-13-16=""></e> | 07:30A |
| 07:30A | Darkun Law | L II. L . D | District Law Firm | Innevetions in Health | Dehart Barkun | | Mutual of Omaha's Wild Kinddom (E/I) 036 (CC) <e i-13-16=""></e> | ļ |
| 08:00A | Berkun Law | Leave It to Beaver 13212 (CC) | Dietrich Law Firm | Innovations in Health | Robert Berkun | The Woody Woodpecker Show 0054, 79127, 80132, 56192, 0024, | | A00:80 |
| 08:30A | Innovations in Health | Dietrich Law Firm | Innovations in Health | Dietrich Law Firm | Innovations in Health | 0312, 83142 {CC} | Mutual of Omaha's Wild Kingdom (E/I) 045 (CC) <e i-13-16=""></e> | 08:30A |
| 09:00A | Perry Mason 6523 (CC) | Perry Mason 6524 (CC) | Perry Mason 6525 (CC) | Perry Mason 6526 (CC) | Perry Mason 6527 (CC) | Bugs Bunny and Friends 781, 315, 143, 513, 798, 473, 487 | Mutual of Omaha's Wild Kingdom (E/I) 033 (CC) <e i-13-16=""></e> | 09:00A |
| 09:30A | | | | | | {CC} | Mutual of Omaha's Wild Kingdom (E/I) 096 (CC) <e i-13-16=""></e> | 09:30A |
| 10:00A | Matlock 8723 {CC} | Matlock 8801 (CC) | Matlock 88021 {CC} | Matlock 88032 (CC) | Matlock 8804 (CC) | Big Picture Prime | WNY Church Unleashed | 10:00A |
| 10:30A | | | | | | Karyn Reece Show The Big WECK Presents: | Big Picture w/Penny Wolfgang | 10:30A |
| 11:00A | in the ricat of the right | In the Heat of the Night 2813 {CC} | In the Heat of the Night 2812 {CC} | In the Heat of the Night 2815 (CC) | In the Heat of the Night 2814 {CC} | Buffalo on the Rise | Passionate Living | 11:00A |
| 11:30A | | | | | | Dr Kaplansky | Polka Buzz | 11:30A |
| 12:00P | The Waltons 514 (CC) | The Waltons 515 {CC} | The Waltons 516 (CC) | The Waltons 517 {CC} | The Waltons 518 (CC) | Your Hometown Health Connection | Innovations in Health | 12:00P |
| 12:30P | | | | | | Big Picture w/Penny Wolfgang | I Love Lucy 070 (CC) | 12:30P |
| 01:00P | Gunsmoke 0006 (CC) | Gunsmoke 0009 (CC) | Gunsmoke 0008 (CC) | Gunsmoke 0007 (CC) | Gunsmoke 0010 (CC) | Gunsmoke 0011 (CC) | Leave It to Beaver 13214 (CC) | 01:00P |
| 01:30P | | | | | | | Leave It to Beaver 13220 (CC) | 01:30P |
| 02:00P | Bonanza 1104 (CC) | Bonanza 1102 (CC) | Bonanza 1108 (CC) | Bonanza 1106 (CC) | Bonanza 1111 (CC) | Bonanza 1112 (CC) | The Beverly Hillbillies 6909 (CC) | 02:00P |
| 02:30P | | | | | | | The Beverly Hillbillies 6910 (CC) | 02:30P |
| 03:00P | The Rifleman 064 (CC) | The Rifleman 066 (CC) | The Rifleman 068 (CC) | The Rifleman 070 (CC) | The Rifleman 072 (CC) | The Rifleman 074 (CC) | Gilligan's Island 41 (CC) | 03:00P |
| 03:30P | The Rifleman 065 (CC) | The Rifleman 067 (CC) | The Rifleman 069 (CC) | The Rifleman 071 (CC) | The Rifleman 073 (CC) | The Rifleman 075 (CC) | Gilligan's Island 42 (CC) | 03:30P |
| 04:00P | | Wagon Train 12715 (CC) | , , | ` , | , , | Jazz Scene Buffalo | Mama's Family 893413 (CC) | 04:00P |
| 04:30P | | | | | | | Mama's Family 893416 (CC) | 04:30P |
| 05:00P | | | | | | Innovations in Health | | 05:00P |
| 05:30P | Emergency! 40619 (CC) | Emergency! 40605 (CC) | Emergency! 40616 (CC) | Emergency! 40609 (CC) | Emergency! 40626 (CC) | Robert Berkun | The Love Boat 01001 (CC) | 05:30P |
| 06:00P | M*A*S*H 1G06 {CC} | M*A*S*H 1G10 {CC} | M*A*S*H 1G14 {CC} | M*A*S*H 1G19 {CC} | M*A*S*H 1G24 {CC} | Nobelt Belkali | Robert Berkun | 06:00P |
| 06:30P | M*A*S*H 1G07 {CC} | M*A*S*H 1G11 {CC} | M*A*S*H 1G15 {CC} | M*A*S*H 1G21 {CC} | M*A*S*H 1G18 {CC} | The Three Stooges 001, 051, 022, 017, 158, 190 {CC} | Collector's Call 615 (CC) | 06:30P |
| 07:00P | , , | , , | ` ' | , , | ` ' | | | 07:00P |
| | M*A*S*H 1G08 {CC} | M*A*S*H 1G12 {CC} | M*A*S*H 1G16 {CC} | M*A*S*H 9B01 {CC} | M*A*S*H 9B02 {CC} | | Polka Buzz | |
| 07:30P | M*A*S*H 1G09 (CC) | M*A*S*H 1G13 {CC} | M*A*S*H 1G17 {CC} | M*A*S*H 1G22 (CC) | M*A*S*H 1G23 (CC) | | Sto Lat with Ania | 07:30P |
| 08:00P | Those Who Serve (OTO) | The Big WECK Presents: Buffalo on the Rise | Your Hometown Health Connection | Passionate Living | Big Picture w/Penny Wolfgang | House of Svengoolie | All in the Family 422 {CC} | 08:00P |
| 08:30P | The Andy Griffith Show 12 {CC} | The Andy Griffith Show 10 (CC) | The Andy Griffith Show 14 (CC) | The Andy Griffith Show 20 (CC) | The Andy Griffith Show 18 (CC) | (OTO) Earth Girls Are Easy | All in the Family 424 {CC} | 08:30P |
| 09:00P | The Beverly Hillbillies 6601 (CC) | The Beverly Hillbillies 6602 (CC) | The Beverly Hillbillies 6603 (CC) | The Beverly Hillbillies 6604 (CC) | The Beverly Hillbillies 6605 (CC) | Geena Davis, Jeff | All in the Family 423 (CC) | 09:00P |
| 09:30P | The Honeymooners 10 (CC) | The Honeymooners 11 (CC) | The Honeymooners 12 (CC) | The Honeymooners 13 (CC) | The Honeymooners 14 (CC) | Goldblum (1988) - Comedy | All in the Family 509 (CC) | 09:30P |
| 10:00P | Hogan's Heroes 6815 (CC) | Hogan's Heroes 6817 (CC) | Hogan's Heroes 6819 (CC) | Hogan's Heroes 6821 (CC) | Hogan's Heroes 6822 (CC) | TV-PG (CC) | Ed Sullivan's Rock 'n' Roll Classics 211 (CC) | 10:00P |
| 10:30P | Hogan's Heroes 6816 (CC) | Hogan's Heroes 6818 (CC) | Hogan's Heroes 6820 (CC) | Hogan's Heroes 6823 (CC) | Hogan's Heroes 6824 (CC) | Batman TA8716 (CC) | The Carol Burnett Show 189 (CC) | 10:30P |
| 11:00P | The Twilight Zone 41 (CC) | The Twilight Zone 42 (CC) | The Twilight Zone 43 (CC) | The Twilight Zone 45 (CC) | The Twilight Zone 46 (CC) | Off Beat Cinema: "Teenagers From Outer Space" (1959) | The Dick Van Dyke Show 144 (CC) | 11:00P |
| 11:30P | | | | | | | The Dick Van Dyke Show 145 (CC) | 11:30P |
| 12:00A | Perry Mason 171 (CC) | Perry Mason 172 (CC) | Perry Mason 173 (CC) | Perry Mason 174 (CC) | Perry Mason 175 (CC) | | The Honeymooners 15 (CC) | 12:00A |
| | | | | | | | The Honeymooners 13 (CC) | |
| 12:35A | Dragnet 28832 (CC) | Dragnet 28834 (CC) | Dragnet 28836 (CC) | Dragnet 28837 (CC) | Dragnet 28835 (CC) | | The Twilight Zone 10 (CC) | 12:30A |
| 01:05A | Alfred Hitchcock Presents 1593 (CC) | Alfred Hitchcock Presents 1587 (CC) | Alfred Hitchcock Presents 1504A (CC) | Alfred Hitchcock Presents 1595 (CC) | Alfred Hitchcock Presents 1597 (CC) | | U | 01:00A |
| 01:35A | Alfred Hitchcock Presents 1598 (CC) | Alfred Hitchcock Presents 1503A (CC) | Alfred Hitchcock Presents 1507A (CC) | Alfred Hitchcock Presents 1508A (CC) | Alfred Hitchcock Presents 1509A (CC) | | Alfred Hitchcock Presents 1502A (CC) | 01:30A |
| 02:05A | Mannix 095 (CC) | Mannix 097 {CC} | Mannix 096 {CC} | Mannix 090 (CC) | Mannix 099 (CC) | Voyage to the Bottom of the Sea TA8222 {CC} | Mission: Impossible 117 (CC) | 02:00A |
| 02:30A | | | | | | | , (00) | 02:30A |
| 03:05A | Cannon 7224 (CC) | Cannon 7301A (CC) | Cannon 7301B (CC) | Cannon 7302 (CC) | Cannon 7303 (CC) | Land of the Giants 2426 (CC) | The Fugitive 145 (CC) | 03:00A |
| 03:30A | | | | | | | | 03:30A |
| 04:05A | | | | | | The Time Turn - LTACOCC | | 04:00A |
| 04:30A | | | , , , | Barnaby Jones 7704 (CC) | Barnaby Jones 7711 (CC) | The Time Tunnel TA9605 {CC} | Harry O 208 (CC) | 04:30A |
| | | | | | | | | |
| 05:00A | Dietrich Law Firm | Dietrich Law Firm | Dietrich Law Firm | Dietrich Law Firm | Dietrich Law Firm | The Invaders 558 (CC) | Innovations in Health | 05:00A |
| 05:30A | Dragnet 28833 (CC) | Dragnet 28828 (CC) | Dragnet 28834 {CC} | Dragnet 28837 (CC) | Petticoat Junction 6411 (CC) | | Dragnet 29407 (CC) | 05:30A |
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Legend: E/I = Educational/Instructional Yellow = Changes

Subject To Change

Version #3 7/16/2025 @ 12:25 PM