



PROGRAM SCHEDULE

Over the Air Ch. 67.1 • Verizon FiOS Ch. 5 (HD 505) • Dish Network Ch. 5 • DirecTV Ch. 67 (where available)
Spectrum: Ch. 5 Buffalo-Niagara | Ch. 5 Olean-Ellicottville | Ch. 71 Batavia | Ch. 5 Dunkirk-Westfield
Ch. 72 Jamestown | HD Ch. 1230 (where available)

EASTERN

METV	Monday 8/31/2026	Tuesday 9/1/2026	Wednesday 9/2/2026	Thursday 9/3/2026	Friday 9/4/2026	Saturday 9/5/2026	Sunday 9/6/2026	METV
06:00A	Dietrich Law Firm	Innovations in Health	Innovations in Health	Robert Berkun	Dietrich Law Firm	WNY Pain (OTO)	The Life and Times of Grizzly Adams 7826 {CC}	06:00A
06:30A	Innovations in Health	Adam-12 29507 {CC}	Dr Kaplansky (OTO)	Innovations in Health	Innovations in Health	The Beverly Hillbillies 6712 {CC}		06:30A
07:00A	Too In With Me 6145 {CC}	Too In With Me 5077 {CC}	Too In With Me 6146 {CC}	Too In With Me 6131 {CC}	Too In With Me 6148 {CC}	Popeye and Pals 072, 027, 169 {CC}	Mutual of Omaha's Wild Kingdom (E!) 162 {CC} •E!-13-16-	07:00A
07:30A						The Tom and Jerry Show 109, 053, 212 {CC}	Mutual of Omaha's Wild Kingdom (E!) 163 {CC} •E!-13-16-	07:30A
08:00A	Robert Berkun	Those Who Serve (OTO)	Dietrich Law Firm	Innovations in Health	Robert Berkun	The Woody Woodpecker Show 65226, 54183, 60208, 0097, 58198, 0087, 0303 {CC}	Mutual of Omaha's Wild Kingdom (E!) 164 {CC} •E!-13-16-	08:00A
08:30A	Innovations in Health	Dietrich Law Firm	Innovations in Health	Dietrich Law Firm	Innovations in Health		Mutual of Omaha's Wild Kingdom (E!) 165 {CC} •E!-13-16-	08:30A
09:00A	Perry Mason 12 {CC}	Perry Mason 13 {CC}	Perry Mason 14 {CC}	Perry Mason 15 {CC}	Perry Mason 16 {CC}	Bugs Bunny and Friends 253, 258, 157, 158, 156, 329 {CC}	Mutual of Omaha's Wild Kingdom (E!) 166 {CC} •E!-13-16-	09:00A
09:30A							Mutual of Omaha's Wild Kingdom (E!) 170 {CC} •E!-13-16-	09:30A
10:00A	Matlock 9005 {CC}	Matlock 90061 {CC}	Matlock 90072 {CC}	Matlock 9008 {CC}	Matlock 9009 {CC}	Dr Kaplansky (OTO)	WNY Church Unleashed	10:00A
10:30A						Karyn Reece Show	Big Picture w/Penny Wolfgang	10:30A
11:00A	Hawaii Five-O 7507 {CC}	Hawaii Five-O 7508 {CC}	Hawaii Five-O 7509 {CC}	Hawaii Five-O 7510 {CC}	Hawaii Five-O 7511 {CC}	The Big WECK Presents: Buffalo on the Rise	Passionate Living	11:00A
11:30A						Dietrich Law Firm (OTO)	Polka Buzz	11:30A
12:00P	The Waltons 801 {CC}	The Waltons 802 {CC}	The Waltons 804 {CC}	The Waltons 805 {CC}	The Waltons 806 {CC}	Your Hometown Health Connection	Innovations in Health	12:00P
12:30P						Big Picture w/Penny Wolfgang	I Love Lucy 021 {CC}	12:30P
01:00P	Gunsmoke 7204 {CC}	Gunsmoke 7205 {CC}	Gunsmoke 7206 {CC}	Gunsmoke 7207 {CC}	Gunsmoke 7208 {CC}	Gunsmoke 7209 {CC}	Leave It to Beaver 13208 {CC}	01:00P
01:30P							Leave It to Beaver 13201 {CC}	01:30P
02:00P	Bonanza 820 {CC}	Bonanza 823 {CC}	Bonanza 822 {CC}	Bonanza 824 {CC}	Bonanza 825 {CC}	Bonanza 828 {CC}	Charlie's Angels 32 {CC}	02:00P
02:30P								02:30P
03:00P	The Rifleman 089 {CC}	The Rifleman 091 {CC}	The Rifleman 093 {CC}	The Rifleman 096 {CC}	The Rifleman 098 {CC}	The Rifleman 100 {CC}	Hart to Hart 032 {CC}	03:00P
03:30P	The Rifleman 090 {CC}	The Rifleman 092 {CC}	The Rifleman 094 {CC}	The Rifleman 097 {CC}	The Rifleman 099 {CC}	The Rifleman 101 {CC}		03:30P
04:00P	Wagon Train 15452 {CC}	Wagon Train 15470 {CC}	Wagon Train 15459 {CC}	Wagon Train 15472 {CC}	Wagon Train 15475 {CC}	America 250 Off Best Cinema Classic Commercials Labor Day Special (OTO)	Fantasy Island 039 {CC}	04:00P
04:30P								04:30P
05:00P	Emergency! 42806 {CC}	Emergency! 42821 {CC}	Emergency! 42818 {CC}	Emergency! 42820 {CC}	Emergency! 42823 {CC}	Innovations in Health	The Love Boat 0148 {CC}	05:00P
05:30P						Robert Berkun		05:30P
06:00P	Hogan's Heroes 6625 {CC}	Hogan's Heroes 6626 {CC}	Hogan's Heroes 6627 {CC}	Hogan's Heroes 6628 {CC}	Hogan's Heroes 6629 {CC}		Robert Berkun	06:00P
06:30P	M*A*S*H U807 {CC}	M*A*S*H U825 {CC}	M*A*S*H Y102 {CC}	M*A*S*H Y106 {CC}	M*A*S*H Y112 {CC}	The Three Stooges 049, 111, 147, 030, 086, 144 {CC}	Collector's Call 504 {CC}	06:30P
07:00P	M*A*S*H U824 {CC}	M*A*S*H U820 {CC}	M*A*S*H Y104 {CC}	M*A*S*H Y107 {CC}	M*A*S*H Y113 {CC}		Polka Buzz	07:00P
07:30P	M*A*S*H U819 {CC}	M*A*S*H Y101 {CC}	M*A*S*H Y103 {CC}	M*A*S*H Y108 {CC}	M*A*S*H Y105 {CC}		Dietrich Law Firm (OTO)	07:30P
08:00P	Big Picture Prime	The Big WECK Presents: Buffalo on the Rise	Your Hometown Health Connection	Passionate Living	Big Picture w/Penny Wolfgang	Svengoolie Classic Horror & Sci-Fi Movie They Came from Beyond Space Robert Hutton, Jennifer Jayne (1967) - Science Fiction TV-PG {CC}	The Golden Girls 103 {CC}	08:00P
08:30P	The Andy Griffith Show 7 {CC}	The Andy Griffith Show 9 {CC}	The Andy Griffith Show 8 {CC}	The Andy Griffith Show 11 {CC}	The Andy Griffith Show 13 {CC}		The Golden Girls 104 {CC}	08:30P
09:00P	Everybody Loves Raymond 607 {CC}	Everybody Loves Raymond 611 {CC}	Everybody Loves Raymond 613 {CC}	Everybody Loves Raymond 615 {CC}	Everybody Loves Raymond 617 {CC}		The Golden Girls 105 {CC}	09:00P
09:30P	Everybody Loves Raymond 608 {CC}	Everybody Loves Raymond 612 {CC}	Everybody Loves Raymond 614 {CC}	Everybody Loves Raymond 616 {CC}	Everybody Loves Raymond 618 {CC}		The Golden Girls 106 {CC}	09:30P
10:00P	The Golden Girls 718 {CC}	The Golden Girls 720 {CC}	The Golden Girls 722 {CC}	The Golden Girls 724 {CC}	The Golden Girls 726 {CC}		Everybody Loves Raymond 619 {CC}	10:00P
10:30P	The Golden Girls 719 {CC}	The Golden Girls 721 {CC}	The Golden Girls 723 {CC}	The Golden Girls 725 {CC}	The Golden Girls 101 {CC}	Batman TA1713 {CC}	Everybody Loves Raymond 620 {CC}	10:30P
11:00P	The Carol Burnett Show 212 {CC}	The Carol Burnett Show 213 {CC}	The Carol Burnett Show 214 {CC}	The Carol Burnett Show 217 {CC}	The Carol Burnett Show 218 {CC}	Leonard Nimoy: Star Trek Memories (OTO) Leonard Nimoy, Majel Barrett (1985) - Documentary TV-PG {CC}	All in the Family 317 {CC}	11:00P
11:30P							All in the Family 318 {CC}	11:30P
12:00A	Perry Mason 189 {CC}	Perry Mason 190 {CC}	Perry Mason 191 {CC}	Perry Mason 192 {CC}	Perry Mason 193 {CC}	Star Trek: Beyond the Final Frontier (OTO) Leonard Nimoy, George Takei (2007) - Documentary TV-PG {CC}	Off Beat Cinema: "Night of the Blood Beast" (1958) (OTO)	12:00A
12:35A	The Twilight Zone 105 {CC}	The Twilight Zone 106 {CC}	The Twilight Zone 107 {CC}	The Twilight Zone 109 {CC}	The Twilight Zone 110 {CC}			12:30A
01:05A	Alfred Hitchcock Presents 15332 {CC}	Alfred Hitchcock Presents 15311 {CC}	Alfred Hitchcock Presents 15335 {CC}	Alfred Hitchcock Presents 1515 {CC}	Alfred Hitchcock Presents 1507 {CC}			01:00A
01:35A	Alfred Hitchcock Presents 15340 {CC}	Alfred Hitchcock Presents 15342 {CC}	Alfred Hitchcock Presents 1506 {CC}	Alfred Hitchcock Presents 1503 {CC}	Alfred Hitchcock Presents 1504 {CC}			01:30A
02:05A	Mannix 193 {CC}	Mannix 192 {CC}	Mannix 001 {CC}	Mannix 003 {CC}	Mannix 006 {CC}	Star Trek 25th Anniversary (OTO) William Shatner, Leonard Nimoy (1991) - Documentary TV-PG {CC}	Mission: Impossible 201 {CC}	02:00A
02:30A								02:30A
03:05A	Cannon 7418 {CC}	Cannon 7417 {CC}	Cannon 7419 {CC}	Cannon 7420 {CC}	Cannon 7421 {CC}		The Fugitive 208 {CC}	03:00A
03:30A								03:30A
04:05A	Barnaby Jones 7018 {CC}	Barnaby Jones 7014 {CC}	Barnaby Jones 7019 {CC}	Barnaby Jones 7021 {CC}	Barnaby Jones 7020 {CC}	Ultimate Trek: Star Trek's Greatest Moments (OTO) Jason Alexander, Robert Beltran (1999) - Documentary TV-PG {CC}	Harry O 222 {CC}	04:00A
04:30A								04:30A
05:00A	Dietrich Law Firm					Star Trek: A Captain's Log (OTO) William Shatner, Leonard Nimoy (1994) - Documentary TV-PG {CC}	Innovations in Health	05:00A
05:30A	Dragnet 28819 {CC}	Dragnet 28824 {CC}	Dragnet 28827 {CC}	Dragnet 28830 {CC}	Petticoat Junction 6723 {CC}		Dragnet 28831 {CC}	05:30A

Legend:
E/I = Educational/Instructional
Yellow = Chances

Subject To Change